



राष्ट्रीय आयुर्वेद विद्यापीठ

Rashtriya Ayurveda Vidyapeeth

National Academy of Ayurveda, Ministry of Ayush, Govt. of India

CME under Ayurgyan Scheme



Organised by

SDM College of Ayurveda, Hospital & Research Centre, Udupi

Department of Roga Nidana evam Vikriti Vijnana

You are warmly invited

National Level CME

बस्ति विकार

Basti Vikara

with special reference to
Chronic Kidney Disease

For AYUSH Teachers



24 & 25

October 2026 · Saturday & Sunday

No registration fee

Limited to 50 delegates

Certificate of participation

Study material provided

Sponsored by **Ministry of Ayush, Govt. of India**

Coordinated by **RAV, New Delhi**

A WARM INVITATION

Dear Teacher,

It gives us great joy to invite you to a two-day National Level Continuing Medical Education programme on **Basti Vikara with special reference to Chronic Kidney Disease**, supported by the Ministry of Ayush through Rashtriya Ayurveda Vidyapeeth, New Delhi. We would be truly delighted to have you with us in Udupi, to learn together, share experiences and carry fresh insight back to our classrooms and clinics.

With warm regards · Department of Roga Nidana evam Vikriti Vijnana

WHY THIS CME MATTERS

Basti Vikara in today's clinic

Chronic Kidney Disease is quietly becoming one of the major health concerns of our time, often progressing silently until it is advanced. This CME brings the classical understanding of Basti and Mutravaha Samsthana disorders together with present-day diagnosis and the nephrologist's perspective, so teachers can pass on a clear, integrated approach to future physicians.



Classical foundations

Clinical anatomy & pathophysiology of Basti Vikara



Diagnostic clarity

Laboratory & radiological evaluation of KUB disorders



Integrated care

Ayurvedic understanding & management of CKD



Clinical realities

Challenges & strategies from nephrology

THE INSTITUTION

SDM College of Ayurveda, Hospital & Research Centre

Established in 1958 by the Sri Dharmasthala Manjunatheshwara Educational Society, the college has served Ayurveda education for over six decades, offering UG, PG and doctoral programmes with its teaching hospital and research centre.

THE DEPARTMENT

Roga Nidana evam Vikriti Vijnana

Home to Karnataka's first PG programme in Roga Nidana (2003) and a Ph.D. programme since 2018, the department regularly hosts academic programmes in Ayurvedic diagnostics, laboratory medicine and imaging.

1958

Established

2003

First PG Roga Nidana dept. in Karnataka

60+

PG scholars trained

2018

Ph.D. programme

PROGRAMME

Scientific schedule

Day 1

Saturday, 24 October 2026

08:30 – 09:30	Registration
09:30 – 10:00	Inauguration
10:00 – 11:30	Keynote Address Dr Muralidhar Sharma, Professor Emeritus, SDMCAH&RC, Udupi
11:30 – 11:45	High Tea
11:45 – 13:15	Radiological Diagnosis of KUB Disorders Dr Praveen N Shastry
13:15 – 14:00	Lunch
14:00 – 15:30	Challenges and Management Strategies of CKD Dr Srinivas Vinayak Shenoy
15:30 – 15:45	Tea
15:45 – 17:15	Laboratory Diagnosis of KUB Disorders Dr Naveen Chandra NH

Day 2

Sunday, 25 October 2026

09:30 – 11:00	Understanding CKD in Ayurveda & its Management – Part I Prof. Dr S N Gupta
11:00 – 11:15	Tea
11:15 – 12:45	Understanding CKD in Ayurveda & its Management – Part II Prof. Dr S N Gupta
12:45 – 14:00	Lunch
14:00 – 15:30	Clinical Anatomy and Pathophysiology of Basti Vikara Dr Prasanna N Mogasale
15:30 – 16:30	Panel Discussion
16:30 – 17:00	Valedictory

OUR FACULTY

Resource persons

Dr Muralidhar Sharma

Keynote

Professor Emeritus, SDM College of Ayurveda, Hospital & Research Centre, Udupi

Prof. Dr S N Gupta

Vice Chancellor, Maganbhai Adenwala Mahagujarat University, Nadiad, Gujarat

Dr Srinivas Vinayak Shenoy

Associate Professor, Department of Nephrology, Kasturba Medical College, Manipal

Dr Praveen N Shastry

Head of Technical & Clinical Academics, Manipal Healthmap, Manipal

Dr Prasanna N Mogasale

Professor, Department of Roga Nidana, SDM College of Ayurveda, Udupi

Dr Naveen Chandra NH

Senior Research Officer, SDM Centre for Research in Ayurveda & Allied Sciences, Udupi

ORGANISING COMMITTEE

ORGANISING CHAIRMAN

Dr Mamatha K V

MD (Ayu), Ph.D., Principal, SDM College of Ayurveda, Hospital & Research Centre, Udupi

ORGANISING SECRETARY

Dr Nagaraj S

MD (Ayu), Ph.D., Professor & HOD, Dept. of Roga Nidana evam Vikriti Vijnana

ORGANISING TEAM

Dr Prasanna N Mogasale

Dr Arun Kumar M

Dr Saritha T

Dr Sadanand K

REGISTRATION

Joining us



Register online

Scan the QR code, or visit:

<https://forms.gle/415qgyGe7ozUT17i9>

For our delegates, with care

- **There is no registration fee.**
- Working lunch, refreshments and study material will be provided on both days.
- We regret that we are **unable to offer travel allowance or accommodation** under this programme, and kindly request delegates to make their own arrangements. We will gladly share nearby stay options.
- As required by RAV, we request you to kindly share your **Aadhaar number** at the time of registration.
- Certificates of participation will be issued to delegates attending all sessions of both days.

Venue

SDM College of Ayurveda, Hospital & Research Centre, Kuthpady, Udupi, Karnataka – 574118

For queries

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स्वागतम्

We look forward to welcoming you to Udupi