

CIRCULAR

6 DAYS CME PROGRAMME FOR THE TEACHERS OF  
PANCHAKARMA-2026  
26th October to 31st October 2026

Sponsored by:  
MINISTRY OF AYUSH, NEW DELHI  
Co-ordinated by:  
RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI

To.

The Principal/ Dean/ Director  
All Ayurveda Colleges / Institutes

|          |                                                                     |
|----------|---------------------------------------------------------------------|
| Subject: | Inviting 6 days CME Programme Application for Panchakarma Teachers. |
| Ref :    | S-11013/1/2026-SCHME (CME)                                          |

Dear sir/Madam.

With reference to the subject cited above, it is our pleasure to inform you that Department of PG Studies in Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Udupi-574118, Karnataka is organizing a 6 days CME programme from 26.10.2026 to 31.10.2026 for Panchakarma Teachers. This CME is sponsored by the Ministry of AYUSH and co-ordinated by Rashtriya Ayurveda Vidyapeeth, New Delhi.

I request you to kindly depute Teachers of Panchakarma from your institute for this purpose. Since the number of trainees is limited to 30, please depute the faculty at the earliest. And the selected faculty should send the scanned copy of filled application form along with the relevant documents to [pk@sdmayurvedacollegeudupi.in](mailto:pk@sdmayurvedacollegeudupi.in) by 5 pm of 10.10.2026.

The details of CME and Application form are annexed for you and are also available on SDMCAU website- <https://sdmayurvedacollegeudupi.in/>

Thank you

Dr. Mamatha K V  
Principal  
SDM College of Ayurveda, Hospital and Research Centre,  
Udupi-574118, Karnataka

## PROGRAMME INFORMATION

### Details of the CME

|                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Name of the CME            | 6 Days CME Program for Panchakarma Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Duration                   | 26th October to 31st October 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Venue                      | Seminar Hall, Department of Panchakarma, SDM College<br>of Ayurveda, Hospital and Research Centre, Udupi, Karnataka                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Eligibility of<br>Trainees | Teachers of Panchakarma, who are in regular service in NCISM recognized<br>Ayurveda Institutions.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Maximum No. of<br>Trainees | Thirty (30) only                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Procedure to<br>Apply      | <ul style="list-style-type: none"><li>▪ Eligible teaching staff can apply by filling in the enclosed Application Form,<br/>duly recommended by the Head of the Institute/organization.</li><li>▪ The duly filled application form should be scanned and sent through the email at<br/><a href="mailto:pk@sdmayurvedacollegeudupi.in">pk@sdmayurvedacollegeudupi.in</a> on or before 10.10.2026 by 5 pm.</li><li>▪ Selected candidates must submit the hard copy of the duly filled application<br/>form along with self-certified copies of Educational Qualification, Aadhaar<br/>Card, PAN Card and Bank Passbook (first page) to Head, Department of<br/>Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Udupi,<br/>Karnataka on arrival.</li></ul> |
| Procedure of<br>Selection  | <ul style="list-style-type: none"><li>▪ Guidelines of the AYURGYAN CME scheme will be applicable.</li><li>▪ Selected participants will be informed by email.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Payment of TA            | <ul style="list-style-type: none"> <li>▪ Actual fare or up to the rail fare of AC 2-tier class, whichever is less. Payment of TA &amp; journey DA will be made only at the end of the programme.</li> <li>▪ TATKAL or DYNAMIC PRICING train tickets will NOT be reimbursed.</li> <li>▪ Food expenses during journey up to a maximum of Rs.300/- payable on production of bills.</li> <li>▪ Reimbursement of road journey is impermissible for places connected by rail.</li> <li>▪ Road mileage will be limited to 2 AC rail charges or actual claim, whichever is lower.</li> <li>▪ No food expenses will be paid if journey is made by Shatabdi / Rajdhani/ Duronto trains. Payments will be made directly to the bank account by electronic transfer.</li> <li>▪ Payment of TA and food bills shall be made only on production of original tickets.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Lodging and Boarding     | <ul style="list-style-type: none"> <li>▪ Trainees will be provided the best possible lodging and boarding facility within the budget limits of the CME.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Attendance & Certificate | <ul style="list-style-type: none"> <li>▪ Full attendance is MANDATORY for obtaining the participation certificate.</li> <li>▪ The certificate will be issued at the end of the CME.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Organizing Committee     | <ul style="list-style-type: none"> <li>▪ Organizing Chairman: Dr. Mamatha K V M D (Ayu), Ph.D., Principal, SDM College of Ayurveda, Hospital and Research Centre, Uudpi, Karnataka</li> <li>▪ Organizing Secretary: Dr. Niranjana Rao, M D (Ayu), Professor and HOD, Department of Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Uudpi, Karnataka.</li> <li>▪ Joint Organizing Secretaries: <ul style="list-style-type: none"> <li>▪ Dr. Rajalaxmi, M D (Ayu), Ph.D., Professor, Department of Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Uudpi, &amp;</li> <li>▪ Dr. Padmakiran C M D (Ayu), Ph.D., Professor, Department of Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Uudpi,</li> </ul> </li> <li>▪ Coordinators: <ul style="list-style-type: none"> <li>▪ Dr. Manjunath Kanthi, M D (Ayu), Assistant Professor, Department of Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Uudpi.</li> <li>▪ Dr. Thulasi TV M D (Ayu), Assistant Professor, Department of Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Uudpi.</li> <li>▪ Dr. Bharadwaj Turlapati M D (Ayu), Assistant Professor, Department of Panchakarma, SDM College of Ayurveda, Hospital and Research Centre, Uudpi.</li> </ul> </li> </ul> |
| More Information         | Details are also available on the Institute's website-<br><a href="https://sdmayurvedacollegeudupi.in/">https://sdmayurvedacollegeudupi.in/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

APPLICATION FORM  
6 DAYS CME PROGRAM FOR PANCHAKARMA TEACHERS

26<sup>th</sup> October to 31<sup>st</sup> October 2026

Sponsored by: MINISTRY OF AYUSH, NEW DELHI  
*Under AYURGYAN Scheme*

Co-ordinated by: RASHTRIYA AYURVEDA VIDYAPEETH, NEW DELHI

To,

Dr. Mamatha K V  
Principal /Organizing Chairman  
SDM College of Ayurveda, Hospital and  
Research Centre, Uudpi-574118, Karnataka

Candidate  
passport size  
photograph

Respected Sir,

I hereby submit my application to participate in the 6-days CME program for Teachers of Panchakarma, organized by SDM College of Ayurveda, Hospital and Research Centre, Uudpi, Karnataka from 26<sup>th</sup> October to 31<sup>st</sup> October 2026. My details are as follows:

|                               |      |         |  |
|-------------------------------|------|---------|--|
| Full Name (In BLOCK letters): |      |         |  |
| Father's/ Husband's Name:     |      |         |  |
| Date of Birth:                | Age: | Gender: |  |
| Aadhaar number:               |      |         |  |
| Educational Qualifications:   |      |         |  |

| Name of Degree / Certificate | Year | Institution | Subject | Board/University |
|------------------------------|------|-------------|---------|------------------|
| BAMS                         |      |             |         |                  |
| Post Graduate                |      |             |         |                  |
| Ph.D.                        |      |             |         |                  |
| Any other                    |      |             |         |                  |

|                                             |          |              |  |
|---------------------------------------------|----------|--------------|--|
| Registration No:                            |          | Designation: |  |
| Place of posting:                           |          | State:       |  |
| E mail ID (Institution):                    |          |              |  |
| Experience                                  | Years-   | Months-      |  |
| Have you participated in ROTP/ CME earlier: | YES / NO |              |  |

If yes, give details of previously attended ROTP / CME completed by candidate:

| Sr. No. | ROTP/ CME | Organizing Institute | Dates (From–To) |
|---------|-----------|----------------------|-----------------|
| 1       |           |                      |                 |
| 2       |           |                      |                 |
| 3       |           |                      |                 |

Full address for correspondence with pin code:

1. Office: .....
2. Residence: .....
3. Mobile number (WhatsApp): .....
4. Alternate Mobile number: .....
5. Email ID: .....
6. Aadhar No. (Attach copy): .....
7. PAN card No. (Attach copy): .....
8. Bank Details (Attach copy of first page of passbook):
  - a. Name of Bank: .....
  - b. Branch: .....
  - c. Account Number: .....
  - d. IFSC Code: .....

The information furnished above is true and correct to the best of my knowledge, and I accept full responsibility for the same, and shall abide by the instructions given by the organizer for conducting the program.

Date: .....

(Recommendation of the HOI)

(Signature of Applicant)

Note:

- Application will not be considered if
  - (a) The information given above is incomplete in any respect.
  - (b) Not recommended by the Head of the Institute.
- A duly filled application form should be submitted via mail [pk@sdmayurvedacollegeudupi.in](mailto:pk@sdmayurvedacollegeudupi.in) by 10/10/2026, 5:00 PM.
- The selected candidates must send the scanned soft copy of the duly filled application form to the concerned department by email. The hard copy of the application must be submitted on arrival. One recent passport-size photograph should be stapled to the hard copy of the application form.
- For further inquiry, kindly e-mail: [pk@sdmayurvedacollegeudupi.in](mailto:pk@sdmayurvedacollegeudupi.in)