



||OM SHRI MANJUNATHAYA NAMAHA||

**SRI DHARMASTHALA MANJUNATHESHWARA COLLEGE OF AYURVEDA, HOSPITAL AND RESEARCH CENTRE, KUTHPADY, UDUPI**

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Estd:1958

INTERNAL QUALITY ASSURANCE CELL

Ref No: SDMCAI/QAC/UG/26/NCI-10

NAAC Chapter: Criteria 1.1.1 & QCI Parameter 1.1

Date: 29.01.2026

**TIME TABLE FOR I BAMS 2025-26 BATCH WITH EFFECT FROM -02.02.2026**

	9-9.50am	10-10.50 am	11.10-12pm	12.10-1pm	2-2.50pm	3.10 to 5pm	5.10-6pm
MON	LH/NLH Sharira Rachana Dr. Nithin Kumar	LH/NLH Sambhita Dr. Dhanashri Patil	LH/NLH Sharira Kriya Dr. Ravi K V	LH/NLH Sharira Rachana Dr. Krishnamurthy N	LH/NLH Sambhita Dr. Deekshitha Hebbar	NLH Practical's Sharira Kriya Dr. S R Moharer/ Dr. Aparna/ Dr. Ravi K V	Library hour
TUE	LH/NLH Samskrita Sri.Subrahmanya Bhat	LH/NLH Sambhita Dr. Dhanashri Patil	LH/NLH Padartha Vijnana Dr. Likhitha D N	LH/NLH Sharira Kriya Dr. Aparna/ Dr. Ravi K V	LH/NLH Sharira Rachana Dr. Anju Thomas	NLH Practical's Sharira kriya Dr. S R Moharer/ Dr. Aparna/ Dr. Ravi K V	Library Hour
WED	LH/NLH Sanskrit and AI Sri. Subrahmanya Bhat	LH/NLH Padartha Vijnana Dr. Likhitha D N	LH/NLH Sharira Rachana Dr. Rashmi N R	LH/NLH Sharira Rachana Dr. Krishnamurthy N	LH/NLH Sharira Kriya Dr. S R Moharer	NLH Practical's Sharira Rachana Dr. Nithin Kumar/ Dr. Kochuthresia Jose	Sports hour
THU	LH/NLH Samskrita Sri. Subrahmanya Bhat	LH/NLH Sharira Rachana Dr. Kochuthresia Jose	LH/NLH Sharira kriya Dr. Aparna K	LH/NLH Practical's Sanskrit and AI Dr. Vidyalakshmi K	LH/NLH Sambhita Dr. Dhanashri Patil	NLH Practical's Padartha Vijnana Dr. Likhitha D N	Sports Hour
FRI	LH/NLH Sambhita Dr. Deekshitha Hebbar	LH/NLH Sanskrit and AI Sri Subrahmanya Bhat	NLH Practical's Sharira Rachana Dr. Nithin Kumar/ Dr. Kochuthresia Jose		LH/NLH Sambhita Dr. Dhanashri Patil	In-class Seminar Cultural Hours	Cultural Hours
SAT	LH/NLH Sharira Rachana Dr. Rashmi N R	LH/NLH Padartha Vijnana Dr. Likhitha D N	LH/NLH Sambhita Dr. Dhanashri Patil	LH/NLH Sanskrit and AI Sri Subrahmanya Bhat	LH/NLH Sambhita Dr. Deekshitha Hebbar	NLH Practical's Sharira Rachana Dr. Nithin Kumar/ Dr. Kochuthresia Jose	Library hours

*(Signature)*

Dean, UG Studies

Copy to: 1. Dean UG Studies (Through email)

2. Concerned Department 3. Staff Circulation & UG notice board

*(Signature)*

Principal  
S.D.M. Principal of Ayurveda,  
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Kuthpady, Udupi - 574 118