



Dr Jayakrishna Nayak B.A.M.S., M.S. (Ayu).

Medical Superintendent

Sri Dharmasthala Manjunatheshwara Hospital, Kuthpady, Udupi- 574118

Age: 56

Qualification:

Certificate Course in Biostatistics, Epidemiology and Research Methodology, Manipal University.

Professional experience till date:

Since 1993 - Patient care, Teaching, Research, Publication, Academics, Administration.

Other Positions held:

- **Member**, Board of Studies (UG) R G University of Health Sciences Karnataka
- **Member**, Board of Studies (PG) R G University of Health Sciences Karnataka
- **Member**, Academic Council, R G University of Health Sciences Karnataka
- **Member**, Structured-PhD Advisory Committee, School of Life Sciences, Manipal Academy of Higher Education Manipal.
- **AYUSH Policy Resource Person**, Mission Group on Public Health, Government of Karnataka.

Research:

Co-Principal Investigator in A Science Initiative In Ayurveda (ASIIA), Sponsored by Department of Science and Technology (DST), Government of India:

- Findings published with title GENOME WIDE ANALYSIS CORELATES AYURVEDA PRAKRITI in Nature Scientific Reports, (2015), establishing that Ayurveda Prakriti correlates with modern genetics.

Co-Principal Investigator in ASIIA – DST sponsored Research Project:

- Findings published with title DNA METHYLATION ANALYSIS OF PHENOTYPE SPECIFIC STRATIFIED INDIAN POPULATION in Journal of Translational Medicine, 2015).

Currently working on and future goals:

- Private research into the differences in the philosophical foundations of the Ayurvedic and Modern Biomedical systems of healthcare, and the implications of those differences in public health services.
- To develop a curriculum and strive to get statutory bodies to include a few key Ayurveda fundamentals into Primary and High School education, so that students at tender age become self-aware of their Ayurveda Prakritis, empowering them to play a significant role in their own personality development.