

CURRICULUM VITAE

Dr. PRASANNA NARASIMHA RAO

BAMS, Dip.Yoga, MD (Ayurveda), PhD

Date of Birth: 13.10.1961

Current Designation:

Director

SDM Institutions of Ayurveda
SDM Educational Society (R),
Ujire. &



Professor Emeritus

Rajiv Gandhi University of Health Sciences, Karnataka, Bangalore.

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Executive Biodata:

Professional Summary

- 38 years in Ayurveda education, healthcare, research, and administration.
- Led **SDM College of Ayurveda & Hospital (SDMCAH), Hassan** for 33 years, expanding BAMS (100 intake), MD/MS (93 intake, 15 specialties), PhD (11 specialties), and certificate courses.
- Oversees **five hospitals and three Ayurveda institutes** under SDM Educational Society.
- Forged MoUs with national/international universities, industries, NGOs for skill development and research.
- As **Dean, Faculty of AYUSH, RGUHS**, introduced doctoral programs, research funding, and publications.
- Chairs **NABH-AYUSH Accreditation (QCI)** and **ATAB (Ministry of AYUSH)**.
- Global contributor to Ayurveda development.
- Member of Approval Committee of Clinical research, CCRAS, Ministry of Ayush , GOI.

Education

- **BAMS** – Mangalore University (1985)
- **MD (Ayurveda – Shalya Tantra)** – BHU, Varanasi (1989)
- **Diploma in Yoga** – BHU (1989)
- **PhD (Shalya Tantra)** – BHU (1994)
- **NABH Assessor Course for AYUSH Hospitals** – QCI, New Delhi (2010)

Expertise

- Wound management, anorectal disorders, spinal/bone issues, urinary/biliary calculi
- Hirudotherapy, Kshara therapy, Astavidha Shastra Karma

Career Timeline

- **Professor Emeritus, RGUHS** (Current)

- **Director, SDM Institutions of Ayurveda, Ujire** (Nov 2024–present)
- **Principal, SDMCAH, Hassan** (1993–2024)
- **Professor, Dept. of Shalya Tantra, SDMCAH** (2004–present)
- **Reader/Associate Professor, SDMCAH** (1999–2003)
- **Lecturer, SDMCAH** (1993–1998)
- **Senior Resident, BHU** (1990–1993)
- **Junior Research Fellow, BHU** (1989–1990)

Teaching: 32+ years PG, 28+ years UG in Shalya Tantra; PhD guide (17+ years); PG guide (43 scholars).

Leadership & Governance

- Dean, Faculty of AYUSH, RGUHS
- Executive Member, CCIM (2011–2014)
- Member Secretary, Ministry of AYUSH Task Force (IMCC Act amendment, NEET/AIAPGET)
- Chairperson, NABH-AYUSH (QCI),
- Member-AC ATAB (Mo AYUSH)
- Member of 47+ RGUHS committees; CCIM committees (syllabi, MSR, visitations)
- Karnataka Govt. committees (Swarnamrita Prashana, HIV syllabus)
- Former President – Karnataka State Principals Forum.

Research & Publications

- Member, Scientific Advisory Board & Project Approval Committee, CCRAS
- Chairperson, Ethics Committee, Govt. Medical College, Hassan (2012–present)
- Editor-in-Chief, RGUHS Journal of AYUSH Sciences (2019–present)
- **37+ projects** as PI (MoAYUSH, RGUHS, industry-sponsored)
- Key COVID-19 projects: Ashwagandha with COVISHIELD, HCQS prophylaxis, GoroChanadi Vati, Brahmi survey, AUD management

Awards & Recognition

- Teacher of Excellence, RGUHS (2025)
- SRI SRI Award for Education (2025)
- Ayushbhushana (2026)
- Vaidya Sunderlal Joshi Smriti Puraskara (2022)
- Sri Krishnanugraha (2019)
- Sushruta Rathna (2000), Bhishak Shree (2013), Jewel of India (2000)
- Dhanwantari Award ,Ayurveda SwasthyaParishat, Mysore,2005
- Certificate of Excellence: Top Ten Consultants: SDM Educational Society®, Ujire (1) 2006-07 (dt. 02-07-07), (2).2007-08:(dt.01-07-2008),(3) 2013-14: (dt. 01-07-2014)

Social Impact

- Pioneered **Swarnamrita Prashana** (benefiting lakhs of children).
- Promoted **Ksharasutra therapy** as a national program.
- Ayurveda awareness via **Radio Sanjivini**,Nitya Snjivini E-Tv Health Awareness Program.
- NSS health talks in rural areas.
- Inspired by Bharat Ratna Madan Mohan Malaviya; mentored by Padma Vibhushan Dr. D. Veerendra Heggade.
- Life Member: Indian red Cross, Indian Science Congress; Patron: Ayurveda PG Association.