

Faculty & Student Publications 2026

1. Dr. Arun Kumar **Title:-** “Immediate Postprandial Exercise Following High-Caloric Intake Induces Sub-Clinical Dermal Inflammation in Wistar Rats: An Experimental Validation of Viruddha Chesta” - Journal of Ayurveda and Integrative Medicine (Scopus indexed Journal)
2. Dr. Saritha T, Dr. Nagaraj S. **Title:-** “Sandhigata Vata: An Ayurvedic Perspective on Degenerative Joint Disorders” - IAMJ Journal in Jan 2026.
3. Dr. Vijayendra G Bhat, Dr. Shreyashri N Suvarna **Title:-** “ Non-Alcoholic Fatty Liver Disease Through the Lens of Ayurveda: A Conceptual Analysis”. International Ayurvedic Medical Journal, Volume XIV (Issue 01, January 2026),246-252.<https://doi.org/10.46607/IAMJ3114012026>
4. Dr. Sowmya Bhat. **Title:-** Journal of Applied Bioanalysis - [https://journalofappliedbioanalysis.com/preparation-and-standardization-of-vidanga-\(embelia-ribes\)-extract-capsules-%E2%80%93-an-analytical-study](https://journalofappliedbioanalysis.com/preparation-and-standardization-of-vidanga-(embelia-ribes)-extract-capsules-%E2%80%93-an-analytical-study)
5. Dr Meghana K A. **Title:-** Ayurveda intervention in Primary Hypothyroidism: A case report. Journal of Ayurveda and Holistic Medicine, Vol 14, No 1-2026 (Scopus indexed journal)
6. Dr Arhanth Kumar A. **Title:-** Diversified application of upama for comprehending the fundamentals of Ayurveda”, Annals of Ayurvedic Medicine, Vol 15, issue 11, Jan-Mar 2026
7. Dr Arhanth Kumar A. **Title:-** Critical review of Vaidyaratna: A treatise on transitional time tested Ayurveda management - AYU 2025; 46: 68-76
8. Dr. Shrikanth P. **Title:-** A conceptual study on Dravya sangraha kala; Dr. Gurudevi Patil,; International journal of research and analytical reviews (IJRAR) Volume 13 issue 1 February 2026
9. Dr Mohammed Faisal, Dr Thejaswi I Naik, Dr Gayatri Hegde. **Title:-** Study on pharmacognostical analysis of Laghu Badara (Ziziphus rugosa Lam) Stem bark Choorna, JETIR, ISSN -23495162, January 2026, Volume 13, Issue 1.
10. Dr Mohammed Faisal, Dr Poornima, Dr Vishwanatha. **Title:-** Antifungal activity of different stem extracts of Raphidophora pertusa (ROXB.) SHOTT (Kandodibeelu), IAMJ, ISSN- 2320-5091, February 2026, Doi:10.46607/iamj0914022026.
11. Dr. Nagaratna s. Jartarghar - **Title:-** Management of Eka kushta in children through virechana karma – An Ayurvedic case report. Journal of Ayurvedic and Integrated Medical Sciences.
12. Dr. Sahana Shankari - **Title:-** Ayurvedic management of bhagandara-pidika in a 7-year-old boy: a case report. International Ayurvedic Medical Journal.

13. Dr Dhanshri Patil - **Title:-** “Mapping the scientific landscape of preksha dhyana: a bibliometric Analysis” published in “Advances in Traditional Medicine” on 18th March 2026
14. Dr Dhanshri Patil - **Title:-** “Effect of Sookshma Meditation on Cognition and Mental Health Among Students: A Pilot Study” published in “Advances in mind body medicine” on 11th March 2026.
15. Dr. Shrikanth P., Dr. Thejaswi I. Naik; **Title:-** Anti-Ulcer Activity of *Hedychium Coronarium* J. Koenig Rhizome: An Experimental Evaluation; "World Journal of Pharmaceutical Research, 15(3), 1703 1713
16. Dr. Suma V Mallya², **Title:-** Quality Control Constraints of Ochlandra Travancorica Benth. an Underexplored Medicinal Bamboo Species; JAIM; March 2026
17. Dr. Faisal M, Dr. Negalur V B, Dr. Punith P; **Title:-** Ayurveda Nootropic herbal drugs in current lifestyle management wsr to cognitive health & mental wellbeing; Herbarium; 27/03/2026; volume 3, number 2
18. Dr. Suma Mallya; **Title:-** VACHA(*Acorus calamus* linn.) A medicinal Rhizome with multiple use- Review; WJPR; March 2026