

Staff & Student Publications 2019

February 2019

1. Kamath M, Brijesh K, Suma Venkatesh Mallya. Online Marketing of Herbal Medicines Issues and Concerns, A swot analysis. Research Journal of Pharmacy and Technology 2018;11(11):5058-5060.
2. Faisal Mohammed and Shetty P Shifa. Exploration and elucidation of various medicinal plants used in the management of dermatological disorders by folklore practitioners of Udupi District, Karnataka; India. Journal of Pharmacognosy and Phytochemistry 2019; 8(1): 1887-1890
3. Kavya, Prathviraj Puranik, Sharashchandra R. Sariva Shankhanabhi churn: A topical dusting powder for diaper dermatitis. The Pharma Innovation Journal 2019; 8(1):282-284
4. Shubhangi Rathore, Chethan Kumar V K, Sharashchandra R, Deepa Yadav, Sunil Kumar K N. Mass spectrometric fingerprinting of Amrta abhiervadi drops: a polyherbal drug. Aryavaidyan 2018; 32(1):20-25

March 2019

1. Dr Chaitra G.T, Dr Radhika Ranjan Geethesh. Ksheerabala thaila A pharmaceutico analytical study w.s.r. to its Trivida paka. International Journal of Ayurveda and Pharmaceutical Chemistry 2019;10(2): 166-167.
2. Bani Shashikala B, Mallya Suma V. Standard quality imprints of Guizotia abyssinica Cass.; an edible seed oil. Indian Journal of Applied Research 2019; 9(3):9-11.
3. Dr.Padmakiran and Dr.Rajalaxmi M.G. A clinical study to evaluate the efficacy of Dashangataila nasya karma in cervical spondylosis w.sr. to vishvachi". International Journal of Ayurveda and Pharmaceutical Chemistry 2019;10(2): 188-198

April 2019

1. 'A clinical study to evaluate the therapeutic effect of Shilajatu rasayana in Shonitha dusti' by Prashant Jain, Srinivasa Acharya, Journal of Ayurveda & Holistic Medicine, vol- VII, Issue-I (JAN-FEB.2019), ISSN-2321-1563

May 2019

1. Dr. Prasanna N. Mogasale, Dr. Shashank Muralidharan. An Observational study on Chaturvidha nidana of Rajayakshma w.s.t Pulmonary Tubercuulosis. IAMJ 2019;7(5):749-753.

2. Prasada Uchchangi, B Ravishankar, Sudhakar Bhat, Mallya Suma V, Mundugaru Ravi, Safety Evaluation of Soothshekhara rasa; commonly used herbomineral product in Ayurveda;; WJPR; 2019;8(3):1176-84
3. Mamata KV, Mallya Suma V, Quality control of bark drugs *B. variegata* Linn. And *B. purpurea* Linn. Sources of Kanchanar, Aryavaidyan, 2019; 32(2): 9-14
4. Dr.Nithinkumar. Drug absorption through Skin-An ancient and Modern view, International Journal of Ayurveda and Pharmaceutical chemistry 2019;10(3): 377 – 384.
5. Dr. Manjunath Kanthi. A comparative clinical study of Takra Dhara and Taila dhara in the management of Essential hypertension. IJAPC 2019;10(3):339-353.

June 2019

1. Dr. Manjunath Kanthi . A comparative clinical study of Takra Dhara and Taila dhara in the management of Essential hypertension. IJAPC 2019; 10(3): 339-353
2. Dr. Sahana Kamath. Role of virechana and shaman line of management in palmo-plantar hyperkerotic psoriasis (chamradala) – a case study. World Journal of Pharmaceutical Research 2019; 8(7):1587-1593

July 2019

1. Anjali Kumari MU, Padigar Shrikanth., Insight on Tinduka – A classical medicinal plant, International Journal of Ayurveda Pharma Chemistry. (IJAPC) 2019;11(1):334-345.
2. BN Satish, Mallya Suma V. In-vitro antioxidant activity assay of *Habenaria longicorniculata* J. Graham. Wild medicinal tubers. Journal of Drug delivery and Therapeutics 2019;9(3-s):342-344.
3. Rashmi Pujar, Prasanna N.Mogasale, Nagaraj. Ayurvedic approach of diagnosing Chronic Kidney Disease. RGUHS Journal of AYUSH Sciences 2017;4(2): 42-44
4. Dr.Ramadevi G. “A case study on Sapraja w.s.r. to secondary infertility”. IAMJ 2019;7(6): 1015-1020.
5. Dr.Ravi.K V. ‘Pharmacognostical and phytochemical study of Chakranika (*Apama Siliquosa*) A folklore drug. ‘Journal of biological and scientific opinion 2019; 7(3): 31-39

August 2019

1. Dr. Ravikrishna S. Detailed Macro-Microscopic Atlas of different parts of a Folk Medicinal plant *Dioscorea oppositifolia* L. JAMS 2018;3(4):427-36.

2. Niyati, Hebbar Chaitra, Mallya V suma, Mohammed Faisal, Bhandary D sapna. Review on Thev-Colocasia esculenta Linn schott, Emerging legendary Medicinal plant. International Ayurvedic Medical Journal 2019; 7(8):1376-1383.
3. Dr Rajneesh Giri. Evaluation of the effect of Haridra (Turmeric) on leech gut flora :A metagenomic study. International journal of health sciences and research 2019;9(8):229-238.
4. Dr Prashanth K, Dr Sahana Kamath. Clinical study in the management of fissure in ano with Durvadi taila gudavarthi. IAMJ. July 2019;7(7):1092-1097.
5. Dr. Aparna Nandakumar. Dr. Ashok Kumar B.N., Dr. Ravindra Angadi, Dr. R.R. Geetesh. Dr. Vidyanand Mohan. Standardisation of Kalyanaka Ghrita and Ksheerakalyanaka Ghrita by High Performance thin Layer Chromatography. World Journal of Pharmaceutical Research 2019;8(10):1462-1470.
6. Dr. Aneesh M.S, Aniruddha, Veerakumara. Clinical study evaluating the effect of sandhivata gutika on janu sandhigata vata w.s.r to o.a knee. International Ayurvedic Medical Journal 2019;7(8): 1248-1255.

Staff & Student Achievements:

January 2019

1. Dr.Pralhad D.S, Associate Professor, Dept. of Shareera Rachana participated and presented a paper titled 'Demonstration of Kala in Dissection theatre' in National conference Kalanveshana at Mahatma Gandhi Ayurved Medical college Hospital & Research centre, Salod, Wardha on 18th January 2019 and received the 1st best paper award.

February 2019

1. Dr Shifa Shetty, PG scholar participated and presented a paper on 'A cry for conservation- cryopreservation' in Dravya Prabhodini at Bangalore from 6th to 8th February 2019 and secured I prize.
2. Dr Chaitra, PG scholar participated and presented a paper on 'A comparative microbiological flora analysis of fresh and dry flower of Dhataki (Woodfordia fruticosa), a natural fermentive initiator' in Dravya Prabhodini at Bangalore from 6th to 8th February 2019 and secured I prize.
3. Dr Bhavana PG scholar participated and presented a paper on 'A case study to evaluate the efficacy of Jati tailam in Varnya (removal of acne scar)' in Dravya Prabhodini at Bangalore from 6th to 8th February 2019 and secured I prize.

4. Dr Shifa Shetty, PG Scholar participated Drug Identification Competition held at Dravya Prabhodini, Seminar on 6th, 7th and 8th Feb 2019, Bangalore and secured First Prize.
5. Dr. Puneeth and Dr. Ashwathi P. Murali , PG Scholars have secured best paper presentation in Eugenicon 2019 Mathrushree Ratnamma Heggade memorial National seminar on Rasayana and Vajikarana at SDMCA,Udupi on 24th February 2019.
6. Overall Championship obtained by our students in various literary and cultural competitions conducted at Amrita School of Ayurveda, Kollam.
7. 5 different kinds of prizes were won by our students in drawing competition was organized by Folklore Research unit in association with Indian pharmaceutical company, Puttur and Shama Honda, Udupi was arranged for faculty, UG students and PG scholars.
8. The Best Poster award at District level is bagged by Miss Megha B, IV year BAMS, given on behalf of District Aids Control and prevention Unit at Poorna Prajna Evening college, Udupi on 26th February 2019.
9. Dr. Chaithra H, Professor, Dept. of Agadatantra participated and presented a paper titled 'Understanding the concept of dvividha veerya through HPTLC profiling of useful part of 30 herbs' in National Seminar, DRAVYAGUNA PRABHODINI, organized by Government Ayurveda College, Bangalore on 07th and 08th February 2019 and received the 2nd best paper award.

10. Overall Championship at Amrita School of Ayurveda, Kollam

- Amrita School of Ayurveda, Kollam had organized a 2 day National level seminar on Infertility, Prajnanam 2019 at Amritapuri Ashram on 01st and 02nd February 2019 which was inaugurated by His Excellency, Shri. P. Sathasivam, the Governor of Kerala. More than 1200 delegates from 40 colleges over 14 states participated in the event. As a part of the seminar, various competitions were conducted. Abstracts for paper and poster presentations were invited on the focal theme, Infertility Management in Ayurveda. Over 400 abstracts were received, of which 103 were selected for paper presentations and 80 for poster presentations. Dr Prathima Bharati II Yr PG scholar, Dept of Prasuti Tantra and Stree Roga won the best paper under the category of female infertility.
- They also organised Ashtanga Hridaya Pārāyaṇa (Śloka recitation) competition on selected ślokas from the chapters RasāyanaVidhi and VājīkaraṇaVidhi which took place in two categories for the competition, Individual Competition and Group Chanting Competition with the objectives to develop the skill to memorize Sanskrit

verses, to enhance the recall & replicate capability of a student, to develop the skill to understand a Sanskrit literature, to develop the ability to adopt practical applications based on theory, to educate the method of learning the Samhita, to improve the acquaintance in the Sanskrit language and to promote the tradition of Pārāyaṇa(Śloka recitation).

- 20 teams (each consisting of 15 members) participated in the group event from which the team from SDM College of Ayurveda, Udupi won the first Prize. For the individual parayana competition, which was conducted in multiple levels of selection, 10 students from our college participated and among the five final candidates 2 of them were chosen. Mr Sandeep S Achar from SDMCA, Udupi won the first prize, Ms Sharada M K of SDMIAH, Bangalore won the second prize and Ms Mahati from SDMCA, Udupi won the third prize. The SDM Team for the group parayana consisted of Mr Sandeep S Achar, Mr Sriniketh K, Mr Sushruth K, Mr Akarsh Aithal, Ms Shreeprada Shastri, Ms Swathi N Rao, Mr Shrinivasa Narla, Mr Sudarshan Rao, Mr Shrinandan Bhat, Mr Athreya Narayan, Mr Sanath Kumar, Ms Pavithra, Ms Mahati and Ms Ramya.
- The performance of the SDM Team was highly appreciated by the valedictorian and the organizing institution.

March 2019

1. Dr Rekha J, PG scholar, Dept. of Rasashastra and Bhaishajya Kalpana participated and presented a paper on 'Rajatha bhasma – A ray of hope in Male infertility' in 15th sashtramadhenem Conducted by Vagbhatasarini at Astanga Ayurveda College, Vavanoor, Kerala from 18th to 22nd March 2019 and secured best paper award.

April 2019

1. SDMCA Udupi students have won National level Quiz competition Jyothismathi – 2019 organized by Dhoothpapeswar company ltd. Mumbai. Total 36 Groups have been participated in the quiz competition. Out of 36 only 4 groups are selected for final round and finally the finals were won by SDMCA udupi

June 2019

1. National Level Quiz competition was held at VPSV Ayurveda College Kottakkal, Kerala on 17th June 2019. Two students Mr. Sanath Kumar and Ms. Shuba S Bhat participated and qualified to the Final round

July 2019

1. SDMCA students secured II place in overall Championship in Ekaayana Ayur Olympiad Competitions organised by Government Ayurveda College, Tiruvananthapuram, Kerala held on 1st July 2019
2. AYURWIZ-4 preliminary round of a National level Quiz competition sponsored by Himalaya Drug Company was conducted at SDM College of Ayurveda, Kuthpady, Udupi on 12th July 2019. Dr. Arpitha H.R. and Dr. Pratima Paudel (Internees) secured the first prize and will be representing the college in the cluster level.
3. Dr. Ananya, Ist year PG scholar won first prize in Rhapsody 2019 – Singing competition organized by VPSV, Govt. Ayurveda College, Kottakkal on 17th July 2019.

August 2019

1. AYURWIZ 4 – “The battle of bright minds” Mangalore – Udupi cluster level quiz competition was held at Alvas Ayurveda Medical College, Moodabidri on 19th August 2019 organised by the Himalaya Drug Company. Total 5 teams had participated in the quiz competition while team from S.D.M. College of Ayurveda and Hospital, Udupi with participants Dr. Arpitha H.R (Internee) and Dr. Pratima Paudel (Internee) are the winners and are selected for the Karnataka State Level round.
2. Dr Rohith Shrikanth Kashikar, PG Scholar participated and presented a paper on “Role of Guduchayadi Niruha Basti in effective Management of parkinsonism – An experimental Study” in National Seminar and work shop “Nagarjuna” at world Ayush Expo – 2019, Organized by Ministry of Ayush, Govt of India and other Co –organizers, held at CIDCO exhibition center Vashi – Navi Mumbai and YMT Ayurvedic Medical College – Khargar –Navi Mumbai from 22nd to 24th of August 2019 and secured best paper award.
3. Dr Shifa Shetty, PG Scholar participated and presented a paper on “Standardization of Karmaranga tail an anukta Dravya” in Bhavamishra-2019, seminar conducted at CIDCO Exhibition centre, Vashi, Navi Mumbai on 23rd of August 2019 and secured First Prize in paper presentation.

4. Likhita D.N, Assistant Professor, Dept. of Samhita participated and presented a paper titled 'Clinical Understanding of principles of Varna, Chaya, Prabha and Praticaya wsr Pannaroopeeyam Indriyam' in National Seminar on Applied aspect of Samhitas 'Augustcon 2019' conducted at Pune on 3rd & 4th August 2019. The paper was authored by Dr Likhita D.N and secured Second Rank in Paper Presentation