**Research Publication (Jan to Nov. 2022)**

Dr.Lakshmipriya T.V., Dr.Arun Kumar, Dr.Nagaraj S. have published an article in IAMJ, titled “Importance of Jihwa Pariksha as a diagnostic tool in present and past Era”.

Dr.Rajneesh giri, A case Report – Role of Ksharakarma in Dushta vrana, World Journal of Pharmaceutical research, 2022 Vol 11, Issue 1, 1811-1815

Dr.Sahana Kamath, A case Report – Role of Ksharakarma in Dushta vrana, World Journal of Pharmaceutical research, 2022 Vol 11, Issue 1, 1811-1815

Dr.Sahana Kamath, A successful Ayurvedic management of Dusta Vrana wsr to venous ulcer, JJournal of Emerging Technologies and Innovative Research (JETIR) 2022, Vol 9, Issue 1,c811- c815.

Dr.Rajneesh V Giri, A successful Ayurvedic management of Dusta Vrana wsr to venous ulcer, JJournal of Emerging Technologies and Innovative Research (JETIR) 2022, Vol 9, Issue 1,c811- c815.

Dr Manjunath kanti, second author in an article entitled “ A conceptual study on role of basti in functional constipatory bowel habits in drug dependent geriatric” Journal of emerging technologies and innvative research, Jaan 22,Vol -9, issue-1

Dr Niranjan Rao, Dr Padmakiran C- Co author in an article entitled “Management of Amavata (Rheumatoid arthritis) through the concept of Vyatyasa chikitsa- A case report, Journal of emerging technologies and innovative research (JETIR), Jan 22, Vol-9, issue 1, e501-507

Dr Padmakiran C- Co author in an article entitled “ A case report on effect of virechana in atopic dermatitis”, Journal of emerging technologies and innovative research (JETIR), Jan 22, Vol-9, issue 1, e441-445

BS Kasturirangan, A Ravindra, BN Ashok Kumar, RR Geethesh VS Sushmitha - An Ayurvedic Approach to understand systemic hypertension & the role of diet &lifestyle in its preventive & palliative care; Journal of Ayurveda & Integrated medical science, Vol 6 Issue 6 Nov-Dec 2021(ISSN 2456-3110)

Aishwarya C Anchan, RR Geethesh P, A Ravindra Sushmitha V S & BN Ashok Kumar - Journal of Emerging technologies & innovative research Exploration of Shilajituw.s.r. to its action on cardiovascular system, Jan 2022, Vol 9 Issue 1 ISSN No. 2349-5162

Anusha V K A Ravindra, BN Ashok Kumar, RR Geethesh VS Sushmitha - Role of Yogendra Rasa in Hridroga – A critical Review - Journal of Emerging technologies & innovative research Jan 2022, Vol 9 Issue 1 ISSN No. 2349-5162

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RR Geethesh P, A Ravindra Sushmitha V S & BN Ashok Kumar - A Pharmacological review on TribhuvanaKeerti Rasa, Journal of Emerging technologies & innovative research, Jan 2022, Vol 9 Issue 1 ISSN No. 2349-5162

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Dr.Tejashwini Dr.Shrilatha Kamath - Ayurveda Management of Generalized Anxiety Disorder- JETIR, January 2022, Volume 9, Issue 1. 183-186 ISSN2349-5162

Dr.Ansha Manoharan, Dr.Vijayendra Bhat - A Case study on Ayurvediic Management of Marijuana drug abuse, JETIR, January 2022, Volume 9, Issue 1.  ISSN 2349-5162

Dr.Ananthalakshmi, Dr.Nishanth Pai, Dr. Shrilatha Kamath - Management of Siragatavata w.s.r. to Takayasu Arteritis-A case report - JETIR January 2022, Volume 9, Issue 1.698-702 ISSN2349-5162

Dr.Sujith Dr.Veerakumara K., Dr. Shrilatha Kamath - A success case report on Ayurveda management of Lumbar Spondylosis, JETIR, January 2022, Volume 9, Issue 1.581-586, ISSN 2349-5162

Dr.Rakshitha Dr. Shrilatha Kamath - Mind and Immunity, JETIR, January 2022, Volume 9, Issue 1.733-735, ISSN - 2349-5162

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Dr.Arhanth Kumar A-Article Dhwani Samskarane:Enu?Eke?Hege?Published in Vijnana Karnataka Journal Mysore University,issue 2,2021,Pp.211-14

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Dr Prashantha K-Rare Skin Tumour- A case report- International Ayurvedic Medical Journal-(Peer Reviewed)- February 2022. ISSN:2320-5091

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Dr. Niranjan Rao, Dr. Swathi N.- Co-author in an article entitled “Ayurvedic Management of Limb girdle muscular dystrophy: A Case Report” International Ayurvedic Medical Journal (IAMJ), Feb. 22, Vol-10, Issue 2, e535-539

Dr.Namitha 1 Dr.Ramadevi2Dr.Arpana3Dr.Rajalakshmi - Kashtartava - A single case study, IAMJ ISSN2320-5091

Dr.Neethu1 Dr.Vidya2 - Effect of dhanwantarataila and ksharataila uttarabasthi in Tubal blockage: A case study IAMJ ISSN2320-5091

Dr.Nayana1 Dr.Suchetha 2- An ayurvedic approach to induce normal labour - a case study, IAMJ ISSN 2320-5091

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Dr. Krishnamurthy N -as co- author have published article on Horse shoe Kidney- A case report on RGUHS Journal of AYUSH Sciences on 30-06-2022.

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Dr.Madhushree, Dr. Prasanna N Mogasale, Dr.Arun Kumar, Dr..Saritha T., havePublished Research Article in WJPR entitled “ an observational clinical study to evaluate asatmya roga nidana in chronic obstructive pulmonary disease (copd) “.

Dr.Abhitha.A, Dr.Prasanna N Mogasale,Dr.Arun Kumar have published an article entitled“A case study on Ayurvedic management of Amyotrophic lateral sclerosis in WJPMR”

Dr.Karthika R Nair, Dr.Nagaraj S., Dr.Arun Kumar have published an Article -TRIVIDHA BHODHYA SANGRAHA OF HRIDROGA in WJPR

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Dr.Abhitha.A, Dr.Arun kumar. M, Dr.Nagaraj.S, Dr.Sandesh kumar shetty have published an article entitled “An observational clinico etiological study of kushta wsr tinea corporis in JAIMS.

Dr.Madhushri I K,Dr Prasanna N M,Dr.Arun kumar. M, Dr.Nagaraj.S. have published an article entitled “COPD - An Ayurvedic Perspective” in WJPR

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Popular Article-

Dr.Arhanth Kumar A-Dhwani Samskaranr:Enu?Eke?Hege? published in Vijnana Karnataka,Journal of Mysore University,2021,part II.

Dr Yogeesha Acharya Associate professor in department of swasthavritta published an article in Manjuvani on topic Ajeerna

Dr.Arun Kumar, Dr.Lavanya, Dr.Nagaraj have written an article entitled “Critical understanding of Shiras Shareeram from the prospective of Nervous system” which is accepted by RGUHS Journal for publication.”

Dr. Lavanya V.K., Dr.Arun Kumar, Dr.Nagaraj S., Dr.Nithin Kumar have published an article entitled Critical Understanding of Shiras Shareram from perspective of Nervous systemin RGUHS Journal.

Dr Raajalaxmi M G authored a article “Amrutaballi” (Kannda) in Monthly magazine –Manjuvani In the month of Oct 2022

**Student Publications-**

Dr Veena P- Phyllodes an uncommon tumour of the breast -case study- International Journal of Ayurveda, August 2022 vol 10, issue 8

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Dr Vismaya V Anil(2nd Author)- The effect of Kshara karma in the management of complete rectal prolapse – A case report International Ayurvedic Medical Journal(Peer reviewed)- ISSN:2320-5091,February 2022

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Dr Rekha Patil- Review of Vishaghna Karma of Tagara (Valeriana wallechi) in IAMJ, <http://www.iamj.in/current_issue/>

Dr Neha Rokhade - Research updates on Mukhadooshika in IAMJ<http://www.iamj.in/current_issue/>

Dr Sreekutty - Arka as Vishaghna Dravya w.s.r to Vishavaidya jYotsnika: A reviw, in IAMJ<http://www.iamj.in/current_issue/>

Dr. Arundhati S Walwadkar – have published article on Retroaortic Left Renal vein - A cadaveric study A review article on IJAPC on 10-07-2022

Dr. Arundhati S Walwadkar – have published article on Horse shoe Kidney- A case report on RGUHS Journal of AYUSH Sciences on 30-06-2022

Dr vismaya- a randomized clinical study of haridra patradana and guduchi patradana in the management of dushtavrana – world journal of pharmaceutical research,vol 11.issue 10,2022

Dr Beatrice- a conceptual review of jaloukavacharana- journal of emerging technologies and innovative research vol 9 ,issue 7

Dr Beatrice- a randomized comparative clinical study to evaluate the effect of triphala ghrita guda pichuwith triphala kwatha avagaha sweda in the management of parikartika w.s.r to fissure in ano- world journal of pharmaceutical research-vol 11,issue 10,2022

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Dr.Amal Thomas – A randomized clinical study to evaluate the effect of Snuhi-Apamarga ksharasutra with Guggulu-Arka ksharastura in the management of Bhagandara sw.s.r to Fistula in ano, World journal of Pharmaceutical Research, Volume 11, Issue 10, 1113-1121

**Awards : 04**

1) Dr. Kavya, Assistant Professor, Dept. of Kaumarabhritya bagged a gold medal in NPTEL Online Certification Course (Funded by MOE, Govt. of India) on Maternal Infant Young Children Nutrition conducted by IIT Bombay from January till April 2022.

2) Dr. Ramadevi G was felicitated with “Kousalya Rathna ’Award on 15/5/2022 by Koushalya Bharathi &Ayurveda mahavidyalaya Hubli .

3) Dr Vijay Negalur, Professor and HOD, Dept. of Swasthavritta felicitated with ‘Dhanwantari Award 2022’ by RNA Herbals & Health Care Ltd., on the occasion of 7th National Ayurveda Day.

4) Dr Mamatha K.V., Principal awarded ‘Swasthyamithra’ by Ayurveda Vaidya Sangha ®, Mysore, on the occasion of Dhanwantari Jayanthi.

**Staff Achievements: 05**

1) Dr Yogeesha Acharya, Associate professor, Department of Swasthavritta won best paper award in National Seminar Grahani conducted by Alvas Ayurveda Medical College Moodabidri, on 27th August 2022.

2) Dr. Arhanth Kumar A, Associate Professor, Dept.of Samhita & Siddhanta published a book entitled-“Paka Darpana of Sri Nala” – A composition and reflection on Ancient Indian Food Designing and Technology. Chowkhamba Surabharati Prakashan,Varanasi-2022 ISBN:978-81-95372-6-8

3) Dr Padmakiran C, Associate Professor, Dept.of Panchakarmapublished a book entitled-“The illustrative text book of Panchakarma” which is written according to NCISM syllabus.

4) Dr. Arhanth Kumar A, Associate Professor, Dept.of Samhita & Siddhanta published a book entitled-“ Vaidya Vinoda - A compendium of Gratificatory guidelines on Ayurveda Therapeutic Index.

5) Dr. Prasanna N. Mogasale, Asso. Professor, Dept. of Roganidana and Dr. Prashanth K, Asso. Professor, Dept. of Shalyatantra have been recognized as Ph.D. guides of the RGUHS University and the total No. of Ph.D. guides of the institution has increased to 15.

**Student’s Achievements: 04**

1) College Women’s team bagged runner up prize in RGUHS Mysore Zonal Table Tennis Tournament held on 29th July 2022.

2) Miss. Ananya N Shetty, II BAMS student of our college has participated in State Republic Day Parade at Bengaluru. She has been trained for 12 days in R.V. College Bengaluru for the same, which was organized by VTU, Belagavi. She had obtained the opportunity to meet Honorable Governor of Karnataka on this occasion.

3) Our students have won overall championship award successively for the 5th time in Inter Ayurveda College Literary and Cultural competitions 2022 organised by Ayurveda Academy, Bengaluru on the occasion of Dhanwantari Jayanthi.

4) Students of our institution have participated in RGUHS Zonal level Weight Lifting and Power Lifting competition held at A.J. Medical College, Mangalore. Two students bagged the prizes in competition as below:

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| Name | Prizes |
| Mr. Rohith Kumar – IV BAMSMr. Venugopal – IV BAMS | * II in Weight lifting 95 KG category
* III in Power lifting 80 KG category
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