**Research Publication (Jan to Dec. 2021)**

Dr.P.Subramanya, Dr.Rashmi, Dr.Arun Kumar M., Dr.Nagaraj S; Critical review of PramehaPoovraroopa in Medodosha” World Journal of Pharmaceutical Research 2020;9(14): 359-369.

Dr Niranjan Rao and Dr Padmakiran C – co author - in an article entitled “ A case report on the management of Duchenne’s muscular dystrophy (DMD) with matra basti” published in International Ayurvedic medical journal2020-Jan 2021; 2750-2755

Dr.Ravindra Angadi, Quality standerds of PalashaksharaGhritha w.r.t different vessels, journal of Ayurveda and integrated Medical Sciences;5(6): 102-8.

Dr.RavindraAngadi,role of different vessels in preparation of apamargaksharataila ,journal of Ayurveda and holistic medicine;8(6):49-59.

BR Lalitha, Mallya Suma V, Standard Anatomical and Physicochemical Atlas of Ashoka(Saraca ashoka (Roxb.)WILD.), A bark used in Indian System of medicine; EJPBS; Vol8(2) 2021 pp252-57

Dr. Deepthi Surendran – Management of contact dermatitis by Jaloukavacharana(leech Therapy): A case Report, International Journal of health sciences and Research, 2021, Vol 11 (2) 195 to 199, ISSN:2249-9571

Dr Vijaya B Negalur Published article onUttamaJeevanakkagi Ayurveda Majjige in Vaidyamitra Magazine

Dr.Gadde Chetan , Dr.Shrilatha Kamath, Dr.Dhaneshwari H.A, Medhya rasayana in exam stress w.s.r. to Chittodvega Published Article-ISSN-2349-5162, 2021 JETIR February 2021, Volume 8, Issue 2

Dr. Aswathy Nair , Dr.Ravindra Angadi, Concept of anupana w.s.r to kaphaja rogas, World Journal of Pharmaceutical Research, Vol 10, issue 3 ISSN No: 2277-7105 pg. 561-567.

Dr.Salini V.S, Dr.Radhika Ranjan Geetesh, Dr.Ravindra Angadi, A pharmaceutical study on Talakodaya malahara,World Journal of Pharmaceutical Research, Vol 10, issue 3 ISSN No: 2277-7105 pg.no.1407-1410.

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Dr Prashanth K,co authors-Dr Anitha A.S- A comprehensive management of An infected venous ulcer –A case study World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921,ISSN2277-7105

Dr Prashanth K,co authors- Dr Rajneesh V Giri,Dr Liya Abraham-Ayurvedic management of chronic infective diabetic foot ulcer-A case report- World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921, ISSN2277-7105

Pallavi V Kashyap, Shrikanth P, Niveditha Shetty; Morphological comparison of three different Alternanthera species found in Udupi. ,International Journal of Botany studies, ISSN 2455-541X, volume 6, issue 2, April 2021, page 582-584.

Aiswaria Sasidharan, Suma V Mallya, Ashok S Bhingi,Thejaswi I Naik Incompatible diet in current day perspective - A bird eye view through Ayurveda with special reference to Viruddhahara, Journal of Emerging Technologies and Innovative Research,ISSN-2349-5162, Volume 8, issue 4, April 2021, page 566-574.

Pallavi V Kashyap, Shrikanth P, Niveditha Shetty; Morphological comparison of three different Alternanthera species found in Udupi. ,International Journal of Botany studies, ISSN 2455-541X, volume 6, issue 2, April 2021, page 582-584.

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Dr.Shrivatsa S, Dr. Ashok Kumar, Dr Ravindra Angadi , Pharmaceutical evaluation of kaseesa Drava World Journal of Pharmaceutical Research, Vol 10, issue 4 ISSN No: 2277-7105 pg. 1528-1533.

Dr Prashanth K,co authors-Dr Anitha A.S- A comprehensive management of An infected venous ulcer –A case study,World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921,ISSN2277-7105

7) Dr Prashanth K,co authors- Dr Rajneesh V Giri,Dr Liya Abraham-Ayurvedic management of chronic infective diabetic foot ulcer-A case report- World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921, ISSN2277-7105

Dr Vijaya B Negalur written anarticle onMajjigeya Mahathwain SDM- BHU popular articles

Dr Sandesha Kumar written an article on Preventive Panchakarma SDM- BHU popular articles

Dr.Arun Kumar M, published article in IAMJ Journal, ISSN:2320-5091, volume 9, issue 03, March 2021 on “Elucidating Vyadhijanakatva of Kushta in terms of Sheetoshna Vyatyasa Nidana”

Dr. Prasanna N Mogasale, Dr. Radhika and Dr. Nagaraj S. have published an article in Journal named IAMJ, on the topic “A Case study on Management of Erythroderma”

Dr. Prasanna N Mogasale, Dr. Sadananda Bhat and Dr. Nagaraj S. have published an article named Clinical understanding of Shonita Dushti with respect to Polycythemia” World journal of Pharmacy and Pharmaceutical sciences.

Dr.Arun Kumar,Assistant Professor, has written an article on Karmaja Vyadhi, which is accepted by RGUHS JOURNAL OF AYUSH, will be published in the upcoming issue.

Dr. Silvinia, final year P.G.Scholor and DrArun Kumar,Assistant Professor, have written an article named “Gulma in Ayurveda and Contemporary science”, which is accepted by RGUHS JOURNAL OF AYUSH, will be published in the upcoming issue.

Vidyalaxmi Pujari, Shrikanth P; A critical Phytochemical analysis of different sources of Sariva from its natural habitat, AYUSHDHARA An Int J. of research in AYUSH and allied sciences ISSN23939583; Volume 8 Issue 2 , 2021; page 3139- 46.

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Aishwaria shashidharan, Mallya Suma V, Naik Thejaswi, Bhat sudhakara; Exerimental appriasal on the toxicological impact of combination of Matsya and ksheera wsr to the concept of Samyoga Viruddha; IJRAR, 2021 vOL8(2) , 251- 8.

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Pallavi V Kashyap,Shrikanth P, Niveditha Shetty; A Phyto-Pharmacognostic Research on Matsyakshi (Alternanthera sessilis (L.) R.Br.ex.DC). ,International Journal of Ayurveda and Pharmaceutical Chemistry, ISSN 2350-0204, volume 14, issue 3, May 2021, page 95-104.

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Vidyalaxmi Pujari, Shrikanth P; Literary review on botanical sources of Sariva; PIJAR - Paryesana International Journal of Ayurveda research, ISSN2456 4354; Volume 6 Issue 3 , June 2021; page 1 - 5.

Archana S chougle, Shrikanth.P; Introduction to plant tissue culture (Plant propagation), its general techniques and establishment of cultures.; PIJAR - Paryesana International Journal of Ayurveda research, ISSN2456 4354; Volume 6, Issue 3 , June 2021; page 6 - 13

Archana S chougle, Shrikanth.P; Need for conservation of medicinal plants significance and importance of natural entities for their proper growth.; PIJAR - Paryesana International Journal of Ayurveda research, ISSN2456 4354; Volume 6, Issue 3 , June 2021; page 51 - 56

Dr.Lavanya V.K, Dr. Arun kumar,Dr. Nagaraj .S. have Published an article in world journal of pharmaceutical reseach tittled “conceptual study of ojus in the view of glycomics” on June 15, 2021

Dr P Subramanya,Dr. Prathish Prabhu, Dr. Nagaraj .S. have Published an article in world journal of pharmaceutical reseach tittled “Critical review on Kaphaja shukra dusti” on 23 June 2021.

Dr.Abhitha.A, Dr.Prasanna N Mogasale ,Dr.Arun Kumar,Dr.Nagaraj. S.have Published an article in Journal named IAMJ “Concept of Ojas” on 23 June 2021.

Dr.Dhaneshwari H.A. published article in local NEWSPAPER Udayavani on 15/06/2021.

Dr.Shrilatha Kamath T., Dr.Deepika PG Scholar published article on ‘A clinical study to evaluate the therapeutic effect of Yashtimadhu in Bhaya w.s.r. to Social Phobia’ ISSN-2349-5162, 2021 JETIR June 2021, volume 8, issue6

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R. Sangeetha, S. Vikram, A. Ravindra. Review of Lokanatha Rasa. World   
Journal of Pharmaceutical& Medical Research 2021;7(4):359-363.

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Dr.Swathi, Dr.Nagaraj S., Dr.PrasannaMogasale Critical review of SamutthanaVishesha of Arbuda with special reference to Hepatocellular carcinomain RJA, RGUHS

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Dr.Lavanya V K, Dr.Arun Kumar M, Dr.Nagaraj S ‘An observational clinical study to evaluate shiroroga nidana in cerebrovascular accident ‘ International Ayurvedic Medical Journal 2021; july 2021.

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Dr.G.Shrinivasa Acharya, Dr.Aniruddha, Dr.shrilatha Kamath, Dr.Swathi ‘Understanding the role of kapha in Urusthambha and its chikitsa’ IAMJ 2021; 09(07)

Dr Shrinidhi Dhanya, Dr Krithi Amai. Ancient Ayurveda magazine on the topic “Swasthavritta – social and personal responsibilities for healthy world.

Dr Shrinidhi Dhanya published article in Manju Vani Magazine on Arogya Paripalane

Dr. Silviniya Anitharaj Fernandes, Dr. Prasanna Mogasale, Dr.Arun Kumar, Dr.Nagaraj S. An Observational Clinical Study to Evaluate Shonitadushti Nidana in Asrigdara. International Ayurvedic Medical Journal 2021; 9(8).

Dr.Radhika.c, Dr. Prasanna Mogasale,Dr.Subramanya, Dr.Ravi K.V., Dr.Nagaraj S. “An Observational Study On Etiopathogensis Of Shotha Wsr Cardiac Oedema” WJPR :1st August

S Vikram, R Sangeetha, A Ravindra, J Suresh, Characterization of Nagarjuna Varti, World Journal of Pharmaceutical & Medical Research 2021;7(4):364-367.

Dr Salini V S, Dr RR Geethesh, Dr Ravindra Angadi, Dr Ashok Kumar B N, Dr Sushmitha V, “An Experimental evaluation of the ulcer protective action of Baladi Mandura” world journal of pharmaceutical research (WJPR)ISSN 2277-7105, Vol 10, Issue 11, 2021 p 2167-2174

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Dr N K Chandini, Dr Ravindra Angadi, Dr RR Geethesh, Dr Kashok Kumar B N, Dr Sushmitha V S, “Role of Prabhakara Vati in Hridroga – A Critical review” World Journal of Pharmaceutical Research, ISSN 2277-7106, Volume 10 Issue 11 2021 p 2175-82

Dr Aswin A S, Dr Ravindra Angadi, Dr RR Geethesh, Dr Ashok Kumar B, “Analytical evaluation of ketakadi taila” Journal of emerging technologies & innovative research, (JETIR) ISSN 2349-5162 Vol 8, Issue 9, Sep 2021 p 168-173

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Dr Aswathy Nair, Dr Salini V S, Dr Ravindra Angadi, Dr RR Geethesh, Dr Ashok Kumar B N, Dr Shushmitha V S, “Pharmaceutical evaluation of Baladi Mandura

Dr Rajalaxmi M G and Dr Padmakiran C- Co author for article entitled “ An analytical study to standardize Baladhya yamaka” Vaidyaratnam journal of Ayurvedic medicine, Vol-2, Issue -3, Sept –Dec 2020, 23-27 (published last month),

Dr. Silviniya Anitharaj Fernandes, Dr. Mamatha K V,Dr. Prasanna Mogasale, Dr.Nagaraj S. published an article titled “A REVIEW ON RAKTAVAHA SROTODUSHTI NIDANA IN ASRIGDHARA” on 10/09/2021, Year: September 2021,Volume:15, Issue:2, Journal -IJAPC -International Journal of Ayurveda and Pharmaceutical Chemistry.

Dr. Nagaraj S, Dr. Arun Kumar M, Dr. Lavanya V K published an article titled “TRIVIDHA BODHYA SANGRAHA OF CEREBROVASCULAR ACCIDENT” on 10/09/2021, Year: September 2021,Volume:15, Issue:2, Journal -IJAPC -International Journal of Ayurveda and Pharmaceutical Chemistry.

Dr.Radhika. C, Dr. Prasanna Mogasale,Dr. Arun Kumar M, Dr.Nagaraj S have published an article titled “A CRITICAL REVIEW ON BALA” on 10/09/2021, Year: September 2021,Volume:15, Issue:2, Journal -IJAPC -International Journal of Ayurveda and Pharmaceutical Chemistry.

Dr. Prasanna N Mogasale, Dr. Aswathy P M, have published an article titled “A CASE STUDY ON CENTRAL CORD SYNDROME - KRIKATIKA MARMABHIGHATAJANYA SARVANGAVATA”on 10/09/2021, Year: September 2021,Volume:15, Issue:2, Journal -IJAPC -International Journal of Ayurveda and Pharmaceutical Chemistry.

Dr. Aswathy P M, Dr. Nagaraj S, have published an article titled “CRITICAL ANALYSIS OF NIDANA AND SAMPRAPTI OF AMAVATA WITH SPECIAL REFERENCE TO AUTOIMMUNITY” on 21/09/2021 Year: September 2021,Volume:9 Issue:9, Journal -IAMJ- International Ayurvedic Medical Journal

Naveenchandra, Vishwanatha U, Kiran Khatau, Sanjay Tamoli. In-vitro cytotoxicity and phagocytic activity of AQUA-TURM®- water soluble extract of Curcuma longa, on mouse macrophage RAW 264.7 Cell line. Int J Herb Med 2021;9(5):38-41.

Dr. Sanath, Dr.Arun kumar has written an article, titled “Relationship between Prakruti and Nutritional Status” has been finalized for publication in RGUHS Journal.

Dr Lekhan K.G., Dr Mohammed Faisal , DR Niveditha Shetty - Comparitive experimental study to evaluate the efficacy of Mahisha ksheera and Mahisha ghrutha in Bhasmaka Roga W.S.R. to Hyperthyroidism.- JETIR October 2021, Vol 8, Issue 10

Dr Aswathy Nair, Dr Ravindra Angadi, Dr Radhika Ranjan Geethesh, Dr Ashok Kumar B N, Toxicological evaluation of Baladi Mandura oct 2021 vol 10 issue 12 (1604-1613) ISSN – 2277-7105

Dr Pannaga N Teragundi – Integrated Management of Chronic Venous Insufficiency through Ayurveda & yoga – A Case report J res tradit med 2021 7(2): 43-48

Dr Pannaga N Teragundi – Ayurvedic Successful management of nodular episcleritis with prolonged period follow up – A Case report ISSN 2322-0902

S Srivathsa Ashok kumar B N Ravindra Angadi, Radhika Ranjan GeetheshAnti microbial evaluation of kasisadrava vol 10 issue 13 1482-1487 ISSN 2277-7105

Dr. Deeksha D Shetty, Dr.Arun Kumar M, Dr.Prasanna N Mogasale, Dr.Nagaraj S have sent an article for Publication in RGUHS Journal and VJAM, tittled “Review of implementation of animal model for diagnosis past and present with special reference to canines”.

Dr. Pallavi Ganesh Poojari,Dr. Arun Kumar M,Dr.Saritha T,Dr.Nagaraj.Shave sent an article for Publication in RGUHS Journal and VJAM, tittled “INSECTS ARE THE ESSENTIAL TOOL FOR DIAGNOSIS: PRESENT AND PAST”.

Dr.Karthika R Nair, Dr.Arun Kumar , Dr.Nagaraj. S. have sent an article for publication in IAMJ Journal tittled“ Importance of PureeshaPariksha in current practice”.

Dr.MadhushriIswarKatti, Dr.ArunKumar,Dr.PrsannaMogasale have sent an article for publication in IAMJ Journal tittled “Critical Analysis of SteevanaPariksha in Ayurveda”.

Dr.Arhanth Kumar A-Published a book “Nadi Samhita” by Chaukhambha Prakashan,Varanasi with ISBN number 978-93-88299-66-4

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BN Satish, Mallya Suma V; Pharmacological updates on humoral immunity of Habenaria longicorniculata J Graham. on Wisatr albino rats; ijrar, 2021, Vol8(4) pp120-27

Dr Yogeesha Acharya Published article in ಉದಯವಾಣಿ on 2/11/21

DrPannaga N Teragudi - Teleconsulation in wake of COVID-19 Suggested Guidelines for Clinical Shalakya citing Successful case studies Journal of Ayurveda & Holistic Medicine, eISSN – 2321-1663 Vol IX Issue V

Dr Shrinidhi R. - Chronic toxicity studies of gandhaka rasayana- An herbo-mineral preparation used in Ayurvedic practice in Journal of Ayurveda and integrative medicine ( R.Mundugaru, S.R. Ballal et al., Chronic toxicity studies of gandhaka rasayana- An herbo-mineral preparation used in Ayurvedic practice, J Ayurveda integr Med, <https://doi.org/10.1016.j.jaim.2021.05.011>

Dr.Dhaneshwari H.A- An Ayurveda Conceptual study on Eight Domains in the Assessment of Mind - International Ayurvedic Medical Journal (Online)2021, ISSN : 2320-5091, <http://www.iamj.in/posts/images/upload/3049-3054.pdf>

Dr.Veerakumara K, Dr.Swathi- Review of Punarnava Guggulu in the management of Amavata- Rheumatoid Arthritis w.s.r. Bhaishajya Rathnavali - International Ayurvedic Medical Journal (Online)2021, ISSN: 2320-5091

Dr Akshatha K, Dr Nagaraj S, Dr Ravi K.V., DrArun Kumar have published an article tittled “critical review on the concept of Jataragni”, in IAM Journal.

Dr Pannaga N Teragudi - Cutaneous manifestations during recent pandemic Coinfection or pre or post COVID-19 manifestation managed by Ayurveda - Journal Name – TMR – Infectious Disease Research Journal 2021. Vol 2 Issue (4) No. 19 , DOI : 10 53388/IDR2021A1124019

Bani Shashikala B, Mallya Suma V, Mysteries of herb Parnabeeja – Kalanchoe pinnata PERSAN add on to Ayurveda, IAMJ October - November 2021, 3224- 26

Suma V Mallya, Aishwarya Shashidharan, Ashok S Bingi; Pragmatic Ayurvedic management of Amavata(Rheumatoid arthritis)- A single case study; JETIR 2021, Vol8(11), 246-51

Student Publications-

Dr.Anusha MS-Review on Paneeya Kshara in Shleepada- World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921, ISSN2277-7105

Dr Mathulakshmi- Conceptual study on efficacy of Paneeya kshara in Ashmari- World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921, ISSN2277-7105

Dr Kavya Bose- Ayurvedic Management of Dushta Vrana w.s.r. infective venous ulcer: A case study- World Journal of Pharmaceutical Research vol 10,Issue 3, 1914-1921, ISSN2277-7105

Dr Haritha M, Vishahara dravyas in Madanpala Nighantu-A Review [http://www.iamj.in/posts/images/ upload/3005\_3011.pdf](http://www.iamj.in/posts/images/%20upload/3005_3011.pdf) International Ayurvedic medical Journal ISSN: 2320-5091(Impact factor- 6.719)

DrSameera - An open randomized comparitive clinical study on the effect of lahsuna rasayana and karpasthayadi nasya in margavaranajanya pakshaghat - European Journalof Pharmaceutical and Medical Research(EJPMR)  - 8(10) SEPT, 2021 ISSN2394-3211

DrAshwini - A case study on the management of the becker’s muscular dystrophy with rajyapana basti – EJPMR - 8(10) SEPT, 2021 ISSN2394-3211

DrAshwini - A clinical study to evaluate the therapeutic effect of samasharkara guggulu in ghridrasi wsr to sciatica - World Journal Of Pharmaceutical Research(WJPR) - 10(12), OCT, 2021 ISSN2277-7105

DrChetan - A double randomised controlled clinical study to evaluate the effect of guduchi in chittodvega w.s.r. to exam stress - EJPMR8(10) SEPT, 2021 ISSN 2394-3211

Dr Divya - Ayurvedic management of giant axonal neuropathy- a single case report – WJPR - 10(12), OCT, 2021 ISSN - 2277-7105

Dr Ramita - A single case study on the management of epidermolysis bullosa - EJPMR8(11) OCT, 2021 ISSN 2394-3211

DrDeepika - Ayurvedic management of anidra- a single case study - EJPMR8(11) OCT, 2021 ISSN 2394-3211

**Achievements:**

Staff:

Dr. Gayathri G Hegde, Associate Professor, Dept. of Shalakyatantra presented paper on ocular manifestation of cardiac diseases in a national level seminar conducted by KVGAMC Sullia on 20th February 2021 and received best paper award.

Dr. Yogeesha Acharya, Asst. Professor, Dept. of Swasthavritta presented paper in pareeksha Anvesha webinar conducted by JSS Ayurveda College Mysore on 15th September 2021 and received best paper award.

Dr.Sushmitha V.S, Asst. Professor, Dept. of RS & BK presented a paper on the topic “ Diagnostic tools used by the ethnic practitiners in and around Udupi District” in National webinar Pareeksha anveshana 2021 organized by JSS Ayurveda Medical College, Mysore and awarded with Best paper award.

Students :

Dr. Chaithra, PG Scholar, Samhita Siddhanta department and Ms Ramya S., IV BAMS student honored with gold medal from RGUHS its Silver Jubilee Celebration on 14th June 2021for their literary contributions in the field by winning National Level Competitions in Essay writing.

National Level Ayurveda Quiz Competition – ‘CHARAKA PRASHNASHTAKA’ was organized in collaboration with the Department of AYUSH, Government of Karnataka, Vishwa Ayurveda Parishad, Karnataka Division and Government Ayurveda Research Center, Mysuru at our institution on 10/08/2021 on account of ‘Charaka Jayanthi celebration’. Dr.Chaitra and Dr.Pallavi Hegde, PG Scholars of Samhita and Siddanta department have bagged the 1st Prize. Responsibility of conduction of the quiz program was given to SDM College, Udupi and was appreciated by all the stalwarts of Ayurveda.

Dr.Chaitra, PG Scholar of Samhita and Siddanta department has secured II prize in National level Essay Competition – ‘SUDARSHAN’.

Dr. Vishnupriya Seetharam and Dr. Monisha P., PG Scholars of Kayachikitsa department have bagged II and IV prize respectively and Dr. K. Samudrudu, PG scholar of Swasthavritta department bagged V prize in National level e-elocution Competition – ‘CHARAKA BHASHITHAM’. In all the above competitions our students have competed with around 300 to 400 competitors from all over India.

Ms. Inchara Y.M, III BAMS student has secured III prize in poster presentation competition held on behalf of International Youth Day on the theme of ‘blood donation awareness’ conducted by District Aids Prevention and Control Unit, Udupi.

Dr. K. Samudrudu, PG Scholar of Swasthavritta department has secured 1 prize in Online Yoga Pose photo contest, II prize in Yoga Mudra Competition and Virtual Rhythmic Yogasana Video competition, III prize in Rhythmic Yoga Dance Competition and 7th place in International level Yogasana Photo contest competition 2021

Overall championship award in State level Inter Ayurveda College Competitions 2021 held by Ayurveda Academy, Bengaluru at “Kannada Sahitya Parishath Hall, Chamarajpete, Bengaluru on the account of Dhanvanthari Jayanti.

1st, 2nd and 3rd prize in National Level Quiz Competition – Ayurmedha was organized in association with Central Ayurveda Research Institute, Bengaluru at our institution

Dr. Pallavi Vishwanath Hegde and Dr. Chaithra, PG Scholars have won II and III prize respectively in Essay Writing Competition held on auspicious Dhanwantary Jayanthi and Ayurveda Day celebration organized by DGM Ayurveda Medical College and Hospital, Gadag.)

06 best paper presentation awards in National level seminar Pareeksha Anveshana 2021 held by JSS Ayurveda Medical college and Hospital, Mysore.

Dr Veena 2nd PG presented a conference paper in an International webinar Sthaviropakrama 2021 conducted by Parul University on 22nd oct 2021 and achieved best paper prize

Dr Vismaya 2nd PG presented a conference paper in an International webinar Sthaviropakrama 2021 conducted by Parul University on 23rd oct 2021 and achieved best paper prize

Dr Annet 2nd PG presented a conference paper in an International webinar Sthaviropakrama 2021 conducted by Parul University on 22nd oct 2021 and achieved best paper prize

**Award:**

Dr. Veerakumara K, Asso. Professor, Dept. of Kayachikitsa awarded with bhoshakbhooshans by  vagbhata sarani organisation, Kerla